

# HOW I SERVE: HIGH SCHOOL

Created by Jessyka Dooley for the RMC Youth Department



## YOU CHOOSE

- Soup Kitchen
- Cleaning a park
- Handing out sandwiches
- Buying people their hot coco or drink at a coffee shop

## DO UNTO OTHERS

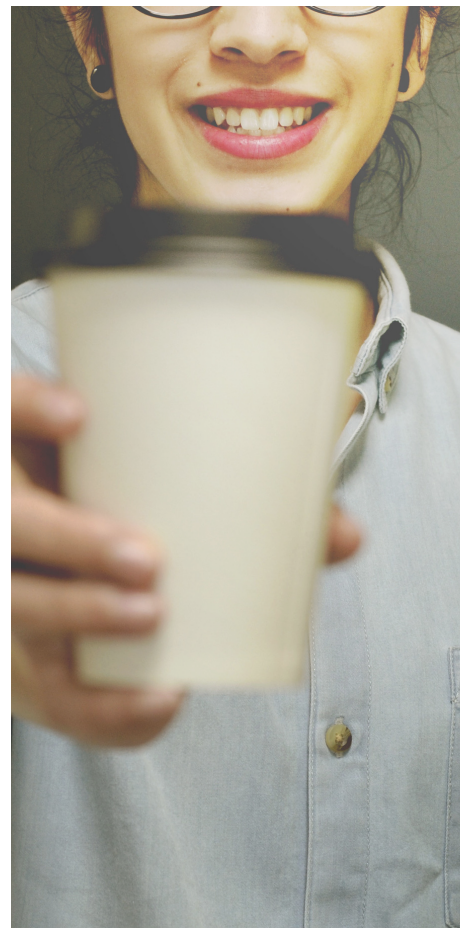
"Do to others what you would want them to do for you." Luke 6:31

Are you someone who feels comfortable asking for help or are you someone who doesn't like asking for help? Why?

Sometimes it can be hard to ask for help. Maybe you're shy, or embarrassed, maybe you feel like you don't need help, or you feel like you will be able to figure it out on your own.

Everyone needs help at some point. We are reminded to care for others the way that we would want to be cared for.

Think about the area you live in. What are some ways you can help the people who live there?



# BOOK WORM

"Be the change you wish to see in the world."

Take a minute or two to think about your community. Do you see a lot of trash in the parks, is there a food bank needing help stocking and organizing, are there a ton of people who are hungry on the side of the road?

Or maybe, you live in a nice clean neighborhood with a lot of people who might look fine on the outside but are struggling on the inside?

Choose a project you are passionate about!



For more service ideas to do with your kids, check out our RMC Youth Pinterest Board under the section Global Youth Day!

<https://www.pinterest.com/jessykaalbert/rmc-youth-department/>

## Step 01

Choose something from the list on the first page or think of your own project

## Step 02

Gather the material you need and a handful of friends or your family

## Step 03

Take a moment to pray over the service you will be doing

## Step 04

Make a plan to serve on a regular basis. For example: If you made sandwiches to hand out to people who were hungry, do it once a week.

## Step 05

Send us a photo or video!  
[youth@rmcsda.org](mailto:youth@rmcsda.org)

