

# HOW I SERVE: MIDDLE SCHOOL

Created by Jessyka Dooley for the RMC Youth Department



## BLESSING BOTTLES

Head downtown to hand out blessing bottles to those who might not have the necessities.

## LIVING WATER

"If anyone is thirsty, let him come to Me and drink." John 7:37

When Jesus talked about living water, he said it wasn't like the water you and I drink. It's not water that you drink and then later on in the day you become thirsty again. Jesus wanted to give something that would hydrate us eternally.

Some people don't have regular, clean water let alone living water. It is so important to care for people both physically and spiritually. Take some time today to study John 7:37-39.

What was Jesus talking about when he explained the living water?

How do you live when you have drank living water?



# BE A BLESSING

"The smallest act of service is worth more than the grandest intention."

Have you ever seen someone in need? Maybe on the side of the road? Maybe by a fast food restaurant? Sometimes it's easy to pretend they aren't there, or to try and avoid walking by or making eye contact with them.

Jesus was known to seek out people who needed help. Put together a "blessing bottle" or two (a reusable water bottle with various items) and seek out people who need them.



## Step 01

Get as many reusable water bottles as you would like to make

## Step 02

Gather together items to put inside (tooth brush, granola bars, hand warmers, etc.)

## Step 03

Write a kind note to put inside and pray over whoever will be getting the bottle(s) you prepared

## Step 04

With a parent, find a place (the RMC Youth team will be heading to downtown Denver) to hand out your bottle(s)

## Step 05

Send us a photo or video!  
[youth@rmcsda.org](mailto:youth@rmcsda.org)

For more service ideas to do with your kids, check out our RMC Youth Pinterest Board under the section Global Youth Day!

<https://www.pinterest.com/jessykaalbert/rmc-youth-department/>

